



*A values approach...*

Managing natural resources,  
Managing ourselves

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# Quick overview

Highlight 3 concepts

... sustainability triangle

... ethics-based

... barriers

Major leap forward



# Sustainable living... A thoughtful approach to leading fulfilling, productive and environmentally responsible lives

**Determine personal priorities**

**Examine national trends**

**Consider the barriers to living sustainably in the US**

**Explore our personal values, ethics and beliefs that underlie decision-making**

**In an encouraging, safe environment**

# The Sustainable Living Project... at a glance

... 92% had their Family Sustainability Triangle prominently displayed

... 84% actively used workshop information in making major family decisions

... 85% estimated more than \$250 per year in savings (energy)

Since 1998:

200+ workshops/presentations  
7500 individuals and colleagues

Since 1999

554,000 Web hits  
30,000 Unshopping cards

... 50% said using the Triangle reduced arguments with their kids!



**cultural**

**values**

**economic**

**environmental**



**decisions**

**beliefs**

**ethics**

**values**



consumption

time

natural  
disconnect



2004

*45 members*

*22 land-grant universities*

*3 agencies*

Building a network to investigate, educate and model sustainable living practices to individuals, families, institutions, businesses, camps and schools.

NNSLE - National Network for Sustainable Living Education